



By Karen Johnson

Unlock Success with Intuition

Imagine receiving an invitation to step into success and being oblivious to the offer. You think you would see the opportunity. You set goals, you have a plan, and yet you're still not feeling successful. You need to shift gears: You're looking for validation from outside sources. No matter how much you receive, it's never enough: Success is an inside job.

Think about someone who leads a successful life. They possess vitality and

an air of calm and inner peace. They exude an enthusiasm for living. Each of us has access to an inner compass of intuitive knowing. They use it. Do you?

Move Beyond Fear

Initially, it's difficult to discern between what comes from fear and what comes from intuition. Fear comes from the personality (or lower ego), and intuition comes from your heart, your spirit or your higher self. Fear brings a panicky feeling and self-doubt. Intuition has a quality of certainty and truth.

Some fears must be addressed at their root cause, while others are merely an ambush to keep you trapped. The goal of fear is to stop you in your tracks by distracting you and keeping you from who you are. The answer is not to find out what all the fears are, it's to find

out who you really are and to let the distractions drop away.

Trust

Not trusting yourself means you're not using your inner guidance and that you're second-guessing yourself. Intuition can be the determining factor between failure and success. It's difficult to describe - and even harder to trust - something so intangible. We've all had hunches, insights, ideas, inner knowing, or flashes of inspiration that we couldn't readily explain. As elusive as it is, intuition can provide insights and understanding.

Trust your inner vision and go within. As time goes on, you will own the power inside you. Many can enter a natural state of altered consciousness that allows access to a deeper

intelligence that's beyond the ordinary conscious mind.

Conscious Beliefs

Do you consider yourself a success? A failure? A non-starter? Somewhere in between? You define your life by how you define yourself.

If you create patterns of lack, they diminish intuition by focusing on what you don't want instead of what you do. Appreciate what you have in your life rather than fixating on the "what if", which can transport you into a space of feeling not good enough and thinking you'll never be able to attain your desires.

When you feel sincere gratitude for people and things in your life, your whole world starts to change. By concentrating on gratitude instead of lack, you glide into the flow of creating and the possibilities become apparent and endless.

To focus on lack creates scarcity and decreases your vibration. Focusing on gratitude creates abundance and your vibration automatically increases.

The Wisdom of Questions

There are many ways to use intuition. Harmony is a pillar that can help you build a more meaningful and successful life. For me, it's about having harmony within my environment, my relationships, myself, and to live an abundant life feeling like I have purpose and am making a difference in the world.

Create a space of inner stillness and notice what you feel. Ask your questions. Make questions simple, clear and focused, then wait and trust. An answer will come; maybe not right away, but now you've put out the intention, it may come in many ways. Stay open and awake.

Tuning into Success

A quick inventory: Do you laugh and mean it? Are you curious and eager to learn? When was the last time you gave someone a heartfelt hug? Do you forgive and let go? Where does your inspiration and passion lie? What does this have to do with success and intuition?

Exercising gratitude raises vibration,

which in turn raises consciousness. Universal law states that like attracts like.

To live a fully realized life, you need to adopt and foster qualities such as compassion, happiness and joy. A successful life is a well-balanced life infused with authenticity, having the ability to give and to receive, being present and embracing your individuality. Learn to nurture and express your intuitive nature. Success is simple; we make it difficult. Move fearlessly beyond the restrictions that compelled you to ignore this consciousness. Intuition is a way your soul whispers to you. Listen, and blessings will follow.

It is by logic that we prove. It is by intuition that we discover.

-Henri Poincare

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